



# Change the Future of Arthritis With **INSIGHTS** An Arthritis Foundation Study

**Do you have arthritis in one or both of your hands, wrists, elbows, or shoulders? The Arthritis Foundation needs you to take part in our **INSIGHTS** research study.**

This special survey is a partnership between the American Society of Hand Therapists and the Arthritis Foundation. It includes questions about your arthritis in the hand and arm. It is completely anonymous. The survey takes about 10 minutes to complete. The answers you share help provide information that will help the Arthritis Foundation and hand therapists better care for people living with arthritis pain.

**Imagine a world without arthritis.  
You can help us get there at  
<https://qrco.de/ASHT>**



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