



2024 Journal Club Schedule

January

Article: Relative motion flexion following some I-III tendon repair: concepts, evidence and practice

Date: 1/29/2024 (Monday)

Time: 9:00 PM ET

Presented by Renee McDade, MOT, OTR/L, CHT

February

Article: The impact of a hand therapy workplace-based educational approach on the management of lateral elbow tendinopathy: A randomized controlled study.

Date: 2/26/2024 (Monday)

Time: 9:00 PM ET

Presented by Victoria Priganc, PhD, OTR, CHT

March

Article: Desired student characteristics for hand therapy clinical placements: A mixed method study.

Date: 3/25/2024 (Monday)

Time: 9:00 PM ET

Presented by Kara Ross, OTD, MPH, OTR/L, CHT

April

Article: How should we treat painful sensitivity in the hand? An international e-Delphi study.

Date: 4/29/2024 (Monday)

Time: 9:00 PM ET

Presented by Alyssa Lynn Phillips, CScD, MOT, OTR/L

May

Article: Hand therapist use of patient-reported outcomes

Date: 5/20/2024 (Monday)

Time: 9:00 PM ET

Presented by Sophie Goloff, MS, OTR/L, CHT

June

Article: A randomized controlled trial on the effectiveness of mirror therapy in improving strength, range of movement and muscle activity, in people with carpal tunnel syndrome

Date: 6/24/2024 (Monday)

Time: 9 PM ET

Presented by Rose McAndrew, OTD, OTR/L, CHT

07/09/2024

July

Article: Treatment of trigger finger with metacarpophalangeal joint blocking orthosis vs relative motion extension orthosis: A randomized clinical trial

Date: 7/29/2024 (Monday)

Time: 9:00 PM ET

Presented by Brocha Stern, PhD, OTR, CHT

August

Article: Action observation plus motor imagery and somatosensory discrimination training are effective non-motor approaches to improve manual dexterity.

Date: 8/26/2024 (Monday)

Time: 9:00 PM ET

Presented by Nancy Byl, BS, MPH, PT, PhD, FAPTA

September

Article: Efficacy of extension wrist hand orthosis on pain, grip strength and electromyographic activities in lateral epicondylitis: A randomized single-blind clinical trial

Date: 9/30/2024 (Monday)

Time: 9 PM ET

Presented by Patricia Siegel, OTD, OTR/L, CHT

October

Article: Assessment and treatment of nonsurgical thumb carpometacarpal joint osteoarthritis: A modified Delphi-based consensus paper of the American Society of Hand Therapists

Date: 10/28/2024 (Monday)

Time: 9:00 PM ET

Presented by Jeanine Beasley, EdD, OTR, CHT, FAOTA

November

Article: The effect of muscle-biased manual therapy on shoulder kinematics, muscle performance, functional impairment and pain in patients with frozen shoulder

Date: 11/25/2024 (Monday)

Time: 9:00 PM ET

Presented by Priya Bakshi, OTD, OTR, CHT

December

Article:

Date: 12/9/2024 (Monday)

Time: 9:00 PM ET

Presented by Lisa Kozden, Ph.D., OTR/L, CHT, COMT