

Hand Therapy Review Course Schedule – Subject to Change

Friday, September 25, 2026

Time	Topic	Faculty
7:30 – 8:00 am	Registration	
8:00 – 8:15 am	Introductions	Rebecca Saunders
8:15 – 9:15 am	Brachial Plexus and Innervation of the Upper Extremity	Jill Yanick
9:15 – 10:15 am	Peripheral Nerve Injuries	Jill Yanick
10:15 – 10:30 am	Break	
10:30 – 11:30 am	Anatomy and Kinesiology of the Hand	Jill Yanick
11:30 am – 12:30 pm	Lunch	
12:30 – 1:45 pm	Anatomy and Kinesiology of the Wrist	Jill Yanick
1:45 – 2:15 pm	Anatomy and Kinesiology of the Elbow and Forearm	Jill Yanick
2:15 – 3:00 pm	Anatomy and Kinesiology of the Shoulder	Jill Yanick
3:00 – 3:15 pm	Break	
3:15 – 5:30 pm	Guided Cadaver Dissection and Review of Anatomy	Dr. Kenneth Means Rachel Pigott Rebecca Saunders

Saturday, September 26, 2026

Time	Topic	Faculty
7:30 – 8:00 am	Registration	
8:00 – 8:15 am	Review/Q&A	Rebecca Saunders Jill Yanick
8:15 – 9:15 am	Evaluation of the Upper Extremity	Heather Weesner
9:15 – 10:30 am	Principles of Wound Healing and Management	Linda Hogg
10:30 – 10:45 am	Break	
10:45 – 11:45 am	Fractures of the Wrist and Hand	Lauren Davis
11:45 am – 1:15 pm	Lunch/Cadaver Lab Rotations	
1:15 – 2:00 pm	Ligamentous Injuries of the Hand	Linda Hogg
2:00 – 3:15 pm	Flexor Tendon Injuries	Rebecca Saunders
3:15 – 3:30 pm	Break	
3:30 – 4:30 pm	Extensor Tendon Injuries	Rebecca Saunders
4:30 – 5:30 pm	Tendon and Nerve Transfers	Rebecca Saunders

Sunday, September 27, 2026

Time	Topic	Faculty
7:30 – 8:00 am	Registration	
8:00 – 8:15 am	Review/Q&A	Rebecca Saunders
8:15 – 9:30 am	Carpal Instabilities	Rachel Pigott
9:30 – 9:45 am	Break	
9:45 – 10:45 am	Ulnar Sided Wrist Pain and Salvage Procedures	Rachel Pigott
10:45 – 11:45 am	Arthritis and Joint Reconstruction	Louisa Creamer
11:45 am – 1:15 pm	Lunch/Cadaver Lab Rotations	
1:15 – 2:15pm	Tendinopathies of the Upper Extremity	Romina Astifidis
2:15 – 2:45 pm	Complex Traumatic Injuries	Princess Filippi
2:45 – 3:00 pm	Break	
3:00 – 4:00 pm	Elbow Fractures and Dislocations	Romina Astifidis
4:00 – 5:15 pm	Shoulder Diagnoses and Treatment	Romina Astifidis
5:15 – 5:30 pm	Review/Q&A	Romina Astifidis Rebecca Saunders