

# **Casting Motion to Mobilize Stiffness (CMMS): Changing the Way We Treat the Stiff Hand**

## **Agenda (subject to change) One Day Course**

***Note: Agenda for Two-Day Course  
Coming Shortly!***

8:00 am - 9:00 am: Concepts of Neuroplasticity

9:00 am - 10:00 am: Concepts of CMMS

10:00 am -11:00 am: Determining the Type of  
Maladaptive Motor Patterns

11:00 am -12:00 pm: Clinical Reasoning to  
Determine Cast Type

12:00 pm - 1:00 pm: Lunch Break

1:00 pm - 2:00 pm: Cast Application

2:00 pm - 3:00 pm: Cast Removal and Bi-valving

3:00 pm - 4:00 pm: The Weaning Process and Modifications

4:00 pm - 5:00 pm: Additional Case Studies, Questions and Wrap Up