



2026 Journal Club Schedule

January

Article: Effectiveness of a scapular exercise program on functional outcomes in patients with hand, wrist or elbow disorders: A comprehensive systematic review with meta-analysis

Date: 1/26/2026 (Monday)

Time: 9:00 PM ET

Presented by Sophie Goloff, MS, OTR/L, CHT

February

Article: The efficacy of Mulligan mobilization and corticosteroid injection on pain, functionality, and proprioception in rotator cuff tears: A randomized controlled trial

Date: 2/23/2026 (Monday)

Time: 9:00 PM ET

Presented by Victoria Priganc, PhD, OTR, CHT

March

Article: The effect of motor imagery on functionality, pain, kinesiophobia, and quality of life in patients with distal radius fractures: A randomized controlled double-blind study

Date: 3/30/2026 (Monday)

Time: 9:00 PM ET

Presented by Jamie Bergner, OTD, OTR/L, CHT, COMT

April

Article: Neuroplasticity and sensory-motor synergy: Implications for hand function and rehabilitation

Date: 4/27/2026 (Monday)

Time: 9:00 PM ET

Presented by Alyssa Phillips, CScD, MOT, OTR/L

May

Article: Structural and clinical disease severity in thumb osteoarthritis: A pilot study integrating imaging analysis and pain mechanisms

Date: 5/18/2026 (Monday)

Time: 9:00 PM ET

Presented by Melanie Hubbeck, MS, OTD, OTR/L, CHT

June

Article: Implementing Donor Activation Focused Rehabilitation Approach (DAFRA) following nerve transfers for children with brachial plexus birth injury: A case series

Date: 6/29/2026 (Monday)

Time: 9 PM ET

Presented by Rose McAndrew, OTD, OTR/L, CHT

July

Article: Hand therapy or not following collagenase treatment for Dupuytren's disease? A randomized controlled trial

Date: 7/27/2026 (Monday)

Time: 9:00 PM ET

Presented by Brocha Stern, PhD, OTR, CHT

August

Article:

Date: 8/31/2026 (Monday)

Time: 9:00 PM ET

Presented by Renee McDade, MOT, OTR/L, CHT

September

Article:

Date: 9/28/2026 (Monday)

Time: 9 PM ET

Presented by Katie Loomis, PhD, OTR/L, CHT

October

Article:

Date: 10/26/2026 (Monday)

Time: 9:00 PM ET

Presented by Nancy Byl, BS, MPH, PT, PhD, FAPTA

November

Article:

Date: 11/30/2026 (Monday)

Time: 9:00 PM ET

Presented by Priya Bakshi, OTD, OTR, CHT