



Hand Therapy Review Course
March 14-16, 2025 • Dallas, TX

Faculty Profiles



Jan Abbott, PT, DPT, CHT

Jan is a physical therapist and Certified Hand Therapist who has been in clinical practice for over 40 years. She received her physical therapy education at Northwestern University and her master's degree and Clinical Doctorate degree from Texas

Woman's University. She is a member of the ASHT and APTA. She has done adjunct teaching in upper extremity anatomy and has taught continuing education courses on Treating Common Wrist and Hand Injuries, and Orthotics for the Wrist and Hand. Jan is passionate about being a life-long learner and developing professional relationships with her referring physicians to provide the best treatment and outcome for the patient. She is happy to encourage others to continue to grow as professionals so that they continue to love what they do.



Jarrold Maddox, OTD, OTR, CHT

Jarrold is an occupational therapist and hand therapist with thirteen years of clinical experience at Baylor Scott and White Health in Waco, TX. He has been a Certified Hand Therapist since 2017 and earned a post-professional Doctorate in Occupational Therapy in 2022. In addition to his clinical practice, Dr. Maddox is an adjunct professor for both the Texas Tech University Health Sciences Center post-professional OTD program and the Baylor University entry-level OTD program. He has presented at the American Society of Hand Therapists (ASHT) annual conference on the biopsychosocial model of pain in 2023. Outside of his professional life, Jarrold is married with two children and enjoys running.



Nathan Short, PhD, OTR/L, CHT

Nathan is a professor of occupational therapy at Abilene Christian University and practices at West Texas Rehab. He is the author of *Functional Anatomy for Occupational Therapy* and its companion text, *OT Guide to Goniometry and MMT*.



Emily Skoza Brackenridge, MS, OTR/L, CHT

Emily graduated from Washington University with a degree in occupational therapy and obtained her CHT in 2015. She has a strong passion for hand therapy and has worked in a variety of outpatient settings with a focus on upper extremity rehabilitation. Her expertise encompasses orthoses fabrication, postoperative care, pain management and wellness. She has presented through AOTA, ASHT, TSHT and for regional special interest groups. Emily enjoys promoting her profession and volunteering. She has participated in medical aid trips and served on the Education Division, Annual Meeting Committee and the Board of ASHT.



Cara Smith, DPT, PT, CHT

Cara Smith graduated from The University of Texas Southwestern Medical Center with a Master of Physical Therapy in 2007. She completed the Evelyn J. Mackin Hand Therapy Fellowship in 2010 and became a Certified Hand Therapist in 2013. In 2020, she earned a Doctor of Physical Therapy from Arcadia University. Cara is the Hand Therapy Program Coordinator at Cook Children's Medical Center in Fort Worth, Texas. The majority of her clinical practice has been in pediatric orthopedics, working alongside orthopedic surgeons in multidisciplinary clinics taking care of children with congenital and acquired conditions, as well as traumatic injuries.