

## **ASHT LEADERSHIP DEVELOPMENT PROGRAM OBJECTIVES/OUTCOMES**

### **Module 1 Objectives/Outcomes**

- Describe the history of leadership from trait to learned skills.
- Define the current meaning of leadership
- Describe the difference between leadership and management
- Identify why studying leadership is important for the hand therapy profession.
- Create the first step in your Leadership Development Plan (LDP)
- Discuss past or current informal or formal leadership experiences.

### **Module 2 Objectives/Outcomes**

- Identify a personal leadership style
- Discuss the strengths and weaknesses of each style
- Describe characteristics needed for effective leadership
- Create a list of personal characteristics that are strengths
- Identify two characteristics as goals for improvement
- Create a second step in LDP

### **Module 3 Objectives/Outcomes**

- Review how to lead an effective meeting or presentation
- Discuss how to navigate conflict resolution and align a common vision
- Create a plan for coaching/mentoring a non-performing team member

### **Module 4 Objectives/Outcomes**

- Discuss ethical concerns in the current healthcare climate
- Describe ethical challenges in leadership and possible solutions
- Understand the impact of leadership on cultural and diversity issues
- Identify current advocacy issues in hand therapy
- Create a goal addressing advocacy for DEI in your LDP

### **Module 5 Objectives/Outcomes**

- Describe the cycles of leadership development
- Identify a respected mentor or coach
- Understand options for meeting leadership skills/expectations
- Analyze your current stage in leadership and how to progress to the next level

### **Module 6 Objectives/Outcomes**

- Describe strategies for staying focused and motivated to achieve leadership goals
- Discuss ideas for creating work/life balance as a leader
- Create LDP goals that address self-care
- Discuss and share the completed LDP with cohort