



Hybrid Hand Therapy Review Course: Virtual Lectures With Live Presentations

**August 6-7, 2022
Program**

Please note: times may change due to specific goals of the participants, but the topics will stay consistent.

Saturday, August 6, 2022

- 8:00 am - 8:15 am: Introductions and development of goals
- 8:15 am - 10:30 am: Cadaver lab (Group 1)
- 8:15 am - 9:00 am: Palpation, special testing, and differential diagnoses of the hand/thumb (Group 2)
- 9:00 am - 10:30 am: Palpation, special testing, and differential diagnoses of the wrist (Group 2)
- 10:30 am - 10:45 am: Break
- 10:45 am - 1:00 pm: Cadaver lab (Group 2)
- 10:45 am - 11:30 am: Palpation, special testing, and differential diagnoses of the hand/thumb (Group 1)
- 11:30 am - 1:00 pm: Palpation, special testing, and differential diagnoses of the wrist (Group 1)
- 1:00 pm - 2:00 pm: Lunch
- 2:00 pm - 3:30 pm: Palpation, special testing, and differential diagnoses of the elbow (Group 1)
- 2:00 pm - 3:30 pm: Palpation, special testing, and differential diagnoses of the shoulder (Group 2)

- 3:30 pm - 3:45 pm: Break
- 3:45 pm - 4:45 pm: Palpation, special testing, and differential diagnoses of the elbow (Group 2)
- 3:45 pm - 4:45 pm: Palpation, special testing, and differential diagnoses of the shoulder (Group 1)
- 4:45 pm - 5:00 pm: Questions

Sunday, August 7, 2022

- 8:00 am - 9:30 am: Joint play assessment and select manual techniques of the shoulder
- 9:30 am - 10:30 am: Joint play assessment and select manual techniques of the elbow/forearm
- 10:30 am - 10:45 am: Break
- 10:45 am - 11:45 am: Joint play assessment and select manual techniques of the wrist
- 11:45 am - 12:30 pm: Joint play assessment and select manual techniques of the hand/thumb
- 12:30 pm - 1:30 pm: Lunch
- 1:30 pm - 3:00 pm: Case discussions with exercise examples and progression based on the request of the participants. Examples may include:
- Traumatic hand injury
 - Flexor tendon injury
 - Extensor tendon injury
 - Scapholunate injury
- 3:00 pm - 3:15 pm: Break
- 3:15 pm - 4:45 pm: Case discussions with exercise examples and progression based on the request of the participants. Examples may include:
- Ulnar wrist pain
 - Thoracic outlet
 - Lateral elbow pain
 - Subacromial impingement
- 4:45 pm - 5:00 pm: Questions

Continuing Education Units

Occupational Therapists

ASHT is an approved provider of continuing education by the American Occupational Therapy Association (AOTA). The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by the AOTA. This continuing education activity offers a maximum of 36 contact hours or 3.6 CEUs.

Athletic Trainers

The American Society of Hand Therapists is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers. This continuing education activity offers a maximum of 36 contact hours, or 3.6 CEUs.