

2022 ASHT Atlanta Hand Therapy Review Course
 September 16-18, 2022 * Emory Musculoskeletal Institute
 Atlanta, GA

Friday September 16, 2022

Time	Anatomical Sessions	Faculty
7:30 – 8:00 AM	Registration	
8:00 – 8:05 AM	Introductions	Robert McClellan, OTR/L, CHT Kendyl Brock Hunter, OTR/L, CHT
8:05 – 8:50 AM	Evaluation of the Upper Extremity	Missy Thurlow, MBA, OTR/L, CHT
8:50 – 9:50 AM	Brachial Plexus and Innervation of the Upper Extremity	Jennifer Hoyt, OTR/L, CHT
9:50 – 10:05 AM	Break	
10:05 – 11:05 AM	Anatomy & Kinesiology of the Hand	Jennifer Hoyt, OTR/L, CHT
11:05 – 12:05 PM	Anatomy & Kinesiology of the Forearm and Wrist	Rachelle Branson, OTR/L, CHT
12:05 – 1:05 PM	Lunch	
1:05 – 2:05 PM	Peripheral Nerve Injuries	Kendyl Brock Hunter, OTR/L, CHT
2:05 – 3:05 PM	Extensor Tendon Injuries	Dan Acker, OTR, CHT
3:05 – 3:20 PM	Break	
3:20 – 4:20 PM	Flexor Tendon Injuries	Dan Acker, OTR, CHT
4:20 – 5:05 PM	Tendon and Nerve Transfers	Dan Acker, OTR, CHT
5:05 – 5:35 PM	Questions and Answers	

Saturday September 17, 2022

Time	Topic	Faculty
7:30 – 8:00 AM	Registration	
8:00 – 8:05 AM	Introductions	Robert McClellan, OTR/L, CHT Kendyl Brock Hunter, OTR/L, CHT
8:05 – 9:05 AM	Wrist Biomechanics and Instabilities	Rachele Branson, OTR/L, CHT
9:05 – 9:50 AM	Ulnar Sided Wrist Pain and Salvage Procedures	Rachele Branson, OTR/L, CHT
9:50 – 10:00 AM	Break	
10:00 – 11:00 AM	Anatomy & Kinesiology of the Shoulder and Elbow	Tambra Marik, OTD, OTR/L, CHT
11:00 – 12:00 PM	Elbow Diagnosis and Treatment	Tambra Marik, OTD, OTR/L, CHT
12:00 – 2:00 PM	Lunch with Rotating Cadaver Lab -12:00 Group A (Lab)/ Group B (Lunch) -1:00 Group B (Lab)/Group A (Lunch)	Michael Gottschalk, MD Eric Wagner, MD
2:00 – 3:00 PM	Cadaver Surgical Procedures	Michael Gottschalk, MD Eric Wagner, MD
3:00 – 4:00 PM	Shoulder Diagnosis and Treatment	Tambra Marik, OTD, OTR/L, CHT
4:00 – 4:15 PM	Break	
4:15 – 4:45 PM	Principles of Soft Tissue Healing	Robert McClellan, OTR/L, CHT
4:45 – 5:15 PM	Questions and Answers	

Sunday September 18, 2022

Time	Topic	Faculty
7:30 – 8:00 AM	Registration	
8:00 – 8:05 AM	Introductions	Robert McClellan, OTR/L, CHT Kendyl Brock Hunter, OTR/L, CHT
8:05 – 9:05 AM	Management of Traumatic Hand Injuries	Ann Lucado, PT, PhD, CHT
9:05 – 9:50 AM	Dupuytren’s, Infections and Other Common Conditions Treated by the Hand Therapist	Kendyl Brock Hunter, OTR/L, CHT
9:50 – 10:05 AM	Break	
10:05 – 11:05 AM	Upper Extremity Fractures	Robert McClellan, OTR/L, CHT
11:05 AM – 12:05 PM	Ligamentous Injuries and Tendinopathies	Ann Lucado, PT, PhD, CHT
12:05– 1:00 PM	Lunch	
1:00 – 2:00 PM	Arthritis and Joint Reconstruction Procedures	Robert McClellan, OTR/L, CHT
2:00 – 3:00 PM	The Use of Physical Agent Modalities	Kendyl Brock Hunter, OTR/L, CHT
3:00 – 3:30 PM	Questions and Answers Completion of Post Test	

Behavioral Objectives

At the end of this activity, participants will be able to:

- Create a personal learning plan to address at least three areas of personal weakness in their own practice of hand therapy.
- Explain the three key factors of the relationship between bony anatomy and joint stability for a patient with a “terrible triad” injury to the elbow.
- Explain at least one diagnosis and its biomechanical contributors that could lead to swan neck deformity of a finger.
- Discuss the potential risk of SLAC, given two case scenarios of specific non-healing scaphoid fractures.
- Explain the relationship of capsuloligamentous integrity of the glenohumeral joint to shoulder stability.
- Design a treatment plan for a patient with a mutilating trauma of the hand.
- Compare the effects of three modes of heat transmission on upper extremity tissue extensibility.
- Identify the effects of continuous ultrasound on tendon adherence in a patient with a flexor tendon repair.
- Design a desensitization program for a patient with hypersensitivity after digit tip amputation.
- Revise a protocol for a patient with a metacarpal fracture with a complication of a concurrent extensor tendon adhesion.
- Design an appropriate post-operative plan of care for a patient post thumb CMC arthroplasty.
- Interpret the results of three special tests for subacromial impingement.

Disclosure Statement

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Athletic Trainers

The American Society of Hand Therapists is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers.