

2022 ASHT Atlanta Hand Therapy Review Course
 September 16-18, 2022 * Emory Musculoskeletal Institute
 Atlanta, GA

Preliminary Program – Not Final (subject to change)

Friday, September 16, 2022

Time	Anatomical Sessions	Faculty
7:30 – 8:00 AM	Registration and Continental Breakfast	
8:00 – 8:05 AM	Introductions	TBD
8:05 – 9:05 AM	Brachial Plexus and Innervation of the Upper Extremity	TBD
9:05 – 10:05 AM	Anatomy & Kinesiology of the Shoulder and Elbow	TBD
10:05 – 10:20 AM	Break	
10:20 – 11:20 AM	Shoulder Diagnosis and Treatment	TBD
11:20 – 12:20 PM	Elbow Diagnosis and Treatment	TBD
12:20 – 1:05 PM	Lunch	
1:05 – 2:05 PM	Anatomy & Kinesiology of the Hand	TBD
2:05 – 3:05 PM	Anatomy & Kinesiology of the Forearm and Wrist	TBD
3:05 – 3:20 PM	Break	
3:20 – 4:20 PM	Peripheral Nerve Injuries	TBD
4:20 – 5:20 PM	Principles of Soft Tissue Healing	TBD
5:20 – 5:30 PM	Questions and Answers	

Saturday, September 17, 2022

Time	Topic	Faculty
7:30 – 8:00 AM	Registration and Continental Breakfast	
8:00 – 8:05 AM	Introductions	TBD
8:05 – 9:05 AM	Evaluation of the Upper Extremity	TBD
9:05 – 10:05 AM	Wrist Biomechanics and Instabilities	TBD
10:05 – 10:15 AM	Break	
10:15 – 11:15 AM	Ulnar Sided Wrist Pain and Salvage Procedures	TBD
11:15 AM – 12:15 PM	Flexor Tendon Injuries	TBD
12:15 – 3:05 PM	Lunch with Rotating Cadaver Lab	TBD
3:05 – 4:05 PM	Extensor Tendon Injuries	TBD
4:05 – 4:20 PM	Break	
4:20 – 5:20 PM	Tendon Transfers	TBD
5:20 – 5:40 PM	Questions and Answers	

Sunday, September 18, 2022

Time	Topic	Faculty
7:30 – 8:00 AM	Registration and Continental Breakfast	
8:00 – 9:00 AM	Management of Traumatic Hand Injuries	TBD
9:00 – 10:15 AM	Dupuytren's, Infections and Other Common Conditions Treated by the Hand Therapist	TBD
10:15 – 10:30 AM	Break	
10:30 – 11:30 AM	Upper Extremity Fractures	TBD
11:30 AM – 12:30 PM	Ligamentous Injuries and Tendinopathies	TBD
12:30 – 1:15 PM	Lunch	
1:15 – 2:15 PM	Arthritis and Joint Reconstruction Procedures	TBD
2:15 – 3:15 PM	The Use of Physical Agent Modalities	TBD
3:15 – 3:45 PM	Questions and Answers	

Behavioral Objectives

At the end of this activity, participants will be able to:

- Create a personal learning plan to address at least three areas of personal weakness in their own practice of hand therapy.
- Explain the three key factors of the relationship between bony anatomy and joint stability for a patient with a “terrible triad” injury to the elbow.
- Explain at least one diagnosis and its biomechanical contributors that could lead to swan neck deformity of a finger.
- Discuss the potential risk of SLAC, given two case scenarios of specific non-healing scaphoid fractures.
- Explain the relationship of capsuloligamentous integrity of the glenohumeral joint to shoulder stability.
- Design a treatment plan for a patient with a mutilating trauma of the hand.
- Compare the effects of three modes of heat transmission on upper extremity tissue extensibility.
- Identify the effects of continuous ultrasound on tendon adherence in a patient with a flexor tendon repair.
- Design a desensitization program for a patient with hypersensitivity after digit tip amputation.
- Revise a protocol for a patient with a metacarpal fracture with a complication of a concurrent extensor tendon adhesion.
- Design an appropriate post-operative plan of care for a patient post thumb CMC arthroplasty.
- Interpret the results of three special tests for subacromial impingement.

Disclosure Statement

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Continuing Education Units (Preliminary - Subject to change)

Occupational Therapists

ASHT is an approved provider of continuing education by the American Occupational Therapy Association (AOTA). The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by the AOTA. This continuing education activity offers a maximum of 23 contact hours, or 2.3 CEUs.

Athletic Trainers

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