



## **ASHT “*EDUCATION ON TOUR*” Traveling Course**

**“Hands-on Therapy for Hands-on Hand Therapists:  
Manual Therapy for the Upper Extremity”**

### **Agenda**

8:00 am - 10:00 am:	Shoulder techniques
10:00 am - 10:15 am:	Break
10:15 am - 12:00 pm:	Elbow techniques
12:00 pm - 1:00 pm:	Lunch
1:00 pm - 2:00 pm:	Forearm techniques
2:00 pm - 3:00 pm:	Wrist techniques
3:00 pm - 3:15 pm:	Break
3:15 pm – 4:30 pm:	Thumb and digit techniques
4:30 pm - 5:00 pm:	Question, wrap up