



Virtual Hand Therapy Review Course

Faculty Profiles

Romina Astifidis, MS, PT, CHT

Romina is the clinic director at the Medstar NRH Lutherville Hand Center. She is a Certified Hand Therapist with over 20 years of experience and has lectured extensively in the community on topics including tendons, splinting, CRPS, joint protection and fractures. In addition to being published in several texts, Ms. Astifidis has been involved on the board of directors and various committees for the American Society of Hand Therapists.

Nora Barrett, MS, OTR/L, CHT

Nora has been a practicing occupational therapist for 21 years and a certified hand therapist for 13 years with experience in acute inpatient, acute rehabilitation, outpatient hand and inpatient/outpatient burn settings. She has worked at hospitals and clinics in Boston, MA, Washington, DC, Baltimore, MD and now Bend, OR.

Nora has presented various topics in burn and wound, trauma and nerve injury at professional therapy and surgery conferences, continuing education courses and universities across the country. She co-authored the Wound chapter in the upcoming seventh edition of *Rehabilitation of the Hand and Upper Extremity*. Nora is an active member of ASHT and AAHS.

Kendyl Brock Hunter, OTR/L, CHT

Kendyl is the first Certified Hand Therapist to practice in North Georgia. She has over 25 years of both clinical and administrative experience in the field of hand therapy. She is the owner of Hand & Upper Extremity Rehabilitation of Cleveland, Inc., a continuing education company and a partner in Benchmark Physical Therapy serving as an upper extremity specialist.

Kendyl is active in her local, state and national hand therapy organizations and has lead in leadership roles in various capacities. Kendyl travels nationally as a clinical educator in physical agent modalities and clinical assessment and treatment of the upper extremity. She is on staff as clinical adjunct faculty at Brenau University's School of Occupational Therapy. She has appeared as an expert speaker locally, regionally and nationally at occupational therapy and hand therapy conferences.

Kendyl's skills are trusted by board-certified and nationally published physicians in Atlanta and throughout Georgia. She is known throughout the hand community for her extensive research efforts and diligence in maintaining the most current and effective treatment methods for upper extremity disorders.

Diane Coker, DPT, CHT

Diane did her undergraduate work at Texas Tech University and completed her training in physical therapy at the University of Texas Medical Branch, in Galveston, Texas, earning a BS and Certificate in Physical Therapy. She became a certified hand therapist in 1991,

and went on to complete her doctoral in physical therapy in 2007 from Drexel University in Philadelphia, Pennsylvania.

Diane is actively involved in educational activities for therapists interested in hand therapy. She has served as clinical faculty at Loma Linda University and Stanbridge University. She has presented nationally and internationally on various topics in hand therapy to students and practicing professionals. Diane is currently serving as Secretary-Treasurer for ASHT.

Charles Daly, MD

Dr. Daly grew up in Charleston, South Carolina as the oldest of three. He received an academic scholarship to attend the Calhoun Honors College at Clemson University, majoring in Genetics where he graduated magna cum laude. After graduating, he again received an academic scholarship to complete medical school at the Medical University of South Carolina where he graduated magna cum laude and as a member of the Alpha Omega Alpha medical honor society. Upon completion of medical school, Dr. Daly completed his Orthopaedic Surgery Internship and Residency at Emory University. While in his training, Dr. Daly received multiple accolades and awards for his outstanding research and was elected as a resident leader to the esteemed American Orthopaedic Association.

After the completion of his orthopaedic surgical training, Dr. Daly went on to subspecialize in hand, shoulder, and elbow surgery at the prestigious Curtis National Hand Center. During his fellowship, he again received multiple awards for research while mastering clinical elective and emergent hand, shoulder, and elbow surgery including advanced reconstructive and minimally invasive techniques.

Dr. Daly has numerous research publications, book chapters, and presentations in the field of hand, shoulder, and elbow surgery. Some of Dr. Daly's research highlights include describing the biomechanical effects of techniques for closure following total shoulder arthroplasty and outcomes after reconstruction for complex nerve injuries. Dr. Daly has also written book chapters detailing techniques for thumb carpometacarpal arthritis and medial elbow injuries in throwing athletes.

His clinical interests include pathologies ranging from the fingertip to the shoulder, with special interest in arthroscopic surgery, innovative techniques in Dupuytren's contracture, microsurgery, complex nerve reconstruction, and minimally invasive carpal tunnel release. Dr. Daly and his wife Kelsey are delighted to be back in Atlanta. When not at work he enjoys spending time with his family and dog, Cooper the Golden Retriever. His other hobbies include travel, golf, running, watersports, and skiing.

Hannah Gift, OTR/L, CHT, COMT, CEAS

Hannah is an OT/upper extremity specialist at SSM Health Physical Therapy in St. Louis, Missouri. She completed the Philadelphia Hand Therapy Fellowship in 2012 and he received her certification in orthopedic manual therapy of the upper extremity in 2017. She is the Hands on Orthotics lead for the ASHT Education Division and also teaches upper extremity principles to OT students at Saint Louis University, Washington University in St. Louis, and Maryville University.

Cynthia Glaenzer, PT, CHT

Cindy received her BS in PT from Washington University in St. Louis in 1981. She has been a CHT since 1993. She is currently and has been an instructor in the Program of Physical Therapy at Washington University in St. Louis for 35 years and at St. Louis University for 12 years. Her teaching responsibilities include evaluation, treatment and splinting of the upper extremity. In 1993, she established and is currently the supervisor of the Hand Therapy Clinic for BJC/Memorial Hospital in Belleville, IL. Prior to that, she worked 10 years at Washington University/Barnes Hospital in the Orthopedic Center for Upper Extremity Rehab.

Cindy is a Clinical Instructor for Physical Therapy students. She has been an active member of the ASHT for 26 years, volunteers on the Education Division for the ASHT and has been teaching the Hand Therapy Review Course for 5 years.

Cindy enjoys traveling, hiking, scuba diving, singing and teaching dance. She is the proud mom of Bryan, MD, Katelyn future DMD and two dogs.

Michael Gottschalk, MD

Dr. Gottschalk grew up in Dallas, Texas as the youngest of three boys. He went on to graduate from JJ Pierce High School in the top 10% of his class and as an AP Scholar with Distinction. Dr. Gottschalk received an academic scholarship to attend the Business Honors Program at the University of Texas at Austin. After graduating from UT Austin, he then went to complete medical school at the University of Texas Health Science at San Antonio. Upon completion of medical school, Dr. Gottschalk completed his Orthopaedic Surgery Internship and Residency at Emory University. While in his training, Dr. Gottschalk received multiple accolades and awards for his outstanding research and was elected as a resident leader to the esteemed American Orthopaedic Association.

After the completion of his Orthopaedic Surgical Training, Dr. Gottschalk was selected to the prestigious Emanuel Kaplan Hand and Upper Extremity Fellowship at the NYU Hospital For Joint Diseases. He was selected as the Hand and Upper Extremity administrative fellow and served on the resident council for quality and safety. During his training at the Hospital for Joint Diseases, Dr. Gottschalk helped treat work related injuries to the NYPD, NYFD, and hotel trade union.

Dr. Gottschalk will be seeing patients at the Emory Orthopaedics, Sports & Spine at Dunwoody location. He will also spend a portion of his time at the Veterans Hospital of Atlanta, Grady Memorial Hospital, and as the Director of Clinical Outcomes Based Research for the Department of Orthopaedics. His clinical interests include pathologies ranging from the fingertip to the shoulder. Dr. Gottschalk enjoys taking care of patients in the service industry and would like to continue his care for those that help others.

In addition to loving what he does, Dr. Gottschalk enjoys spending time with his wife Kim and two children, Tyler and Reese. His other hobbies include working-out, golf, tennis, and fly-fishing.

Paige Kurtz, MS, OTR/L, CHT

Paige Paige Kurtz is a certified hand therapist with Sentara Hospital System in Virginia Beach, VA. After earning her Bachelor's Degree in biology at the University of Miami, she received a Master of Science at the University of Indianapolis and began specializing in hand therapy. Paige has over 20 years' experience working in many different areas of hand and upper extremity rehabilitation, ranging from arthritis to complex/traumatic injuries.

Paige has published chapters in several hand rehabilitation texts, lectured extensively at the community and national level, and led funded research in hand therapy. She is also adjunct faculty with the Old Dominion University Doctorate in Physical Therapy program, and is a past president of the American Society of Hand Therapists.

Tambra Marik, OTD, OTR/L, CHT

Tambra has practiced in hand therapy for the past 20 years, but transitioned into academia at the Medical University of South Carolina in 2019 where she is serving as an Assistant Professor in Occupational Therapy. Her clinical experience focuses on taking a holistic approach to treatment of

upper extremity conditions by evaluating and treating upper extremity proximal and distal orthopedic conditions. She has clinical experience with injuries of the brachial plexus and peripheral nerves. Tandra has been active in the national hand therapy community as the American Society of Hand Therapists (ASHT) Education Division Director, Research Division Director and Annual Meeting Chair (2019). She has published book chapters and journal articles related to upper extremity rehabilitation. She is excited to be part of the Hand Therapy Review Course.

Rose McAndrew, MS, OTR/L, CHT

Rose is a 2003 graduate of Washington University Program in Occupational Therapy and has been a CHT for nine years. In 2017, she returned to Washington University to pursue her post professional OTD. Her research interests include establishing and running a student experiential learning clinic for hand therapy and education and pedagogy for graduate OT students.

Previously, in clinical practice, Rose's interests included rehab for the overhead athlete, evidence based practice, and conservative treatment for wrist instability. She has provided continuing education lectures and labs for her colleagues in these areas. Rose also enjoyed serving as a field work educator and is proud to have students who have moved on to be honored with their CHT distinction.

Rebecca Neiduski, PhD, OTR/L, CHT

Dr. Rebecca Neiduski began her career in St. Louis, Missouri, practicing as a hand therapist at the Milliken Hand Rehabilitation Center and Shriner's Hospital for Children and teaching at Maryville University. She currently serves as the Dean of the School of Health Sciences at Elon University in North Carolina.

Becky has educated therapists around the world and has provided occupational and hand therapy services through medical outreach in Guatemala, Nicaragua, Haiti, and Cambodia. Becky was honored with the 2014 Paul Brand Award for Professional Excellence and the 2016 Nathalie Barr Lectureship Award from the American Society of Hand Therapists.

Rachel Pigott, MPH, OTR/L, CHT

Rachel Pigott has been an occupational therapist since 1999. She received her bachelor's in occupational therapy from Towson State University and completed her Master's in Public Health at The University of Massachusetts Amherst. Rachel is both a certified hand therapist and certified lymphedema therapist. She has served on a volunteer basis with the American Society of Hand Therapists since 2009 and holds the position of ASHT President in 2021.

Sheri Roberts, OTR/L, CHT

Sheri Roberts graduated from the University of Florida in 1988 with a Bachelor of Science in Occupational Therapy. Sheri has more than 30 years of work experience that includes acute care, acute rehabilitation, long term care, pain management, outpatient rehab, & arthritis care. Eighteen of the thirty years have been devoted to hand and upper extremity rehabilitation. She received her Certified Hand Therapy Certificate in December 2002. Sheri has lectured nationally for ASHT, the DeRoyal orthotics company, and locally for Georgia Occupational Therapy Association, the Georgia Hand & Upper Extremity Special Interest Group and Georgia Hand, Shoulder and Elbow. Sheri currently works at Physio Therapy Associates. Centralized interests include treating the stiff hand, product development, customized splinting and teaching both patients and colleagues. She maintains a website

www.handinmind.com that provides information, activities, and education on hand therapy as well as specialized jewelry and hand collectibles. Sheri lives in Tucker Georgia with her two dogs and twin 16-year-old daughters, Lucy & Olivia.

Rebecca Saunders, PT, CHT

Rebecca J. Saunders, PT, CHT, is the clinical specialist for research and staff development at The Curtis National Hand Center at Medstar Union Memorial Hospital in Baltimore, Maryland. She has 30 years of experience treating hand and upper extremity injuries. Rebecca has presented research and lectured on various topics nationally and internationally for hand therapy and hand surgery meetings. She is a contributing author and editor of *Hand and Upper Extremity Rehabilitation: A Practical Guide*. She also serves on the ASHT Annual Meeting Program Planning Committee. Her special interests include complex hand injuries, tendon injuries, tendon transfers, and the extensor mechanism.

Eric Wagner, MD

Dr. Wagner was born in San Francisco, California, but moved to multiple cities (in California, Colorado and Texas) prior to college. He completed his undergraduate education at University of California, Davis, where he lettered for 3 years in basketball and majored in biochemistry and molecular biology. He then completed medical school at the University of Chicago, Pritzker School of Medicine.

Following medical school, he completed his orthopaedic surgery residency training at the Mayo Clinic in Rochester, Minnesota (Ranked #2 in by US News and World Report). After residency, Dr. Wagner was selected to train in the top ranked Hand and Microvascular Surgery at the Mayo Clinic in Rochester, Minnesota. Following this year, Dr. Wagner was selected to train in the prestigious Harvard's International Shoulder and Elbow Fellowship at Massachusetts General, and Brigham and Women's Hospitals in Boston, Massachusetts. As part of the international component of the Harvard fellowship, Dr. Wagner trained with world leaders in shoulder arthroplasty and arthroscopy in Nice, France, and in Annecy, France.

Dr. Wagner will be seeing patients at Emory Orthopaedic Office at Executive Park. He will also spend a portion of his time at Emory University Orthopaedics and Spine Hospital in Tucker and Grady Memorial Hospital. His clinical interests include pathologies from the shoulder through the hand. He has published over 130 peer-reviewed journal articles, delivered over 200 presentations national and international meetings, authored over 10 book chapters, serves on the editorial board of the *Journal of Hand Surgery GO* as well as multiple committees at the American Society of Surgery for the Hand (ASSH). Additionally, he has received numerous grants to support his clinical and basic science research interests and has received numerous national and international awards (see below) for many of his upper extremity research investigations.

In his free time, Dr. Wagner enjoys fly fishing, tango and swing dancing, skiing, playing and watching basketball, traveling and reading.