



ASHT “*EDUCATION ON TOUR*” Traveling Course

“Foundations in Hand Therapy: Elbow to Finger Topics”

Agenda

8:00 am – 9:00 am:	Surface anatomy and lab
9:00 am – 10:00 am:	Extensor Tendons – The extensor mechanism, mallet, boutonniere, zones V, VI, VII, thumb
10:00 am – 10:15 am:	Break
10:15 am – 10:45 am:	Provocative tests lab
10:45 am – 12:00 pm:	Evidence-informed assessment
12:00 pm – 1:00 pm:	Lunch
1:00 pm – 2:00 pm:	Evidence-informed interventions
2:00 pm – 2:30 pm:	Flexor tendon injuries
2:30 pm – 3:00 pm:	Neuropathies
3:00 pm – 3:15 pm:	Break
3:15 pm – 4:15 pm:	Fractures, arthritis, dislocations
4:15 pm – 5:00 pm:	Tendinopathies, tenosynovitis
5:00 pm – 5:30 pm:	Q&A